








# Casa Loma's GREAT KINDNESS CHALLENGE 2019

<b>MONDAY</b> <b>1/28</b>	<b>TUESDAY</b> <b>1/29</b>	<b>WEDNESDAY</b> <b>1/30</b>	<b>THURSDAY</b> <b>1/31</b>	<b>FRIDAY</b> <b>2/1</b>
<p><u>Quote of the day:</u> "Try to be a rainbow in someone's cloud." -Maya Angelou</p> <p><u>Spirit Dress Up Day:</u> "Kindness is Timeless" Dress like a 100 yr old man or woman--It's the 100th day of school!!</p>  <p><u>Kindness Station @ lunch recess:</u> Sign the KINDNESS MATTERS banner and take the challenge to complete at least 5 random acts of kindness (RAK) this week!</p>	<p><u>Quote of the day:</u> "The world is filled with kind people. If you can't find one, be one." -Unknown</p> <p><u>Spirit Dress Up Day:</u> "Crazy for Kindness"- Dress CRAZY-crazy hair and/or clothes</p>  <p><u>Kindness Station @ lunch recess:</u> Make a poster to thank staff members at Casa Loma</p>	<p><u>Quote of the day:</u> "You can always give something, even if it is only kindness." - Anne Frank</p> <p><u>Spirit Dress Up Day:</u> "Dream of Kindness"- your pajamas to school *NO SLIPPERS</p>  <p><u>Kindness Station @ lunch recess:</u> Write/make a friendship gram for your friend, teacher, and /or parent!</p>	<p><u>Quote of the day:</u> "Treat everyone with kindness and respect, even those who are rude to you...not because they are nice, but because YOU are." -Unknown</p> <p><u>Spirit Dress Up Day:</u> I 'MUSTACHE' you to please be kind! Wear a mustache</p>  <p><u>Kindness Station @ lunch recess:</u> Come get your mustache painted on @ lunch recess!</p>	<p><u>Quote of the day:</u> Unless someone like you cares a whole awful lot, nothing is going to get better. It's Not. -Dr. Seuss</p> <p><u>Spirit Dress Up Day:</u> Kindness is the Casa Loma Way! Wear your Casa Loma shirt or sweatshirt!</p>  <p><u>Kindness Station @ lunch recess:</u> Make a mini-card for a family member or a community member!</p>
<p><u>RAK Challenge:</u> Tell a joke and make someone laugh! Need a joke? Pick one up @ the Kindness Station ☺</p>	<p><u>RAK Challenge:</u> Say THANK YOU to 3 school staff members for the work they do. (custodian, teachers, classroom aides, CPALS, bus drivers, office staff, cafeteria workers.)</p>	<p><u>RAK Challenge:</u> Help a friend, teacher, or someone new. Offer to help someone who may need help.</p>	<p><u>RAK Challenge:</u> Pick up trash in your classroom and around campus, clean up after yourself in the cafeteria and restroom, and organize your desk.</p>	<p><u>RAK Challenge:</u> Compliment someone-say something nice! SMILE at everyone you see today and say hello!</p>

\*RAK-Random Acts of Kindness